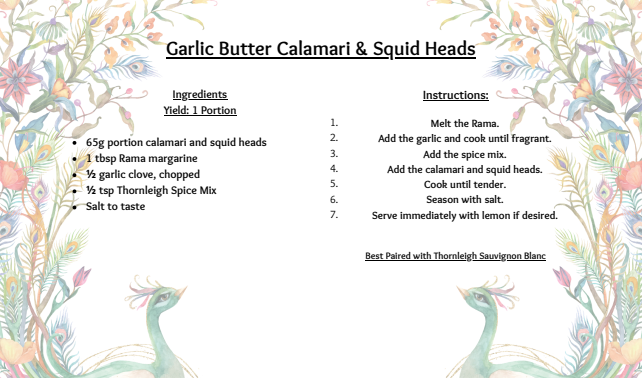




Garlic Butter Calamari & Squid Heads

Ingredients

Yield: 1 Portion

- 65g portion calamari and squid heads
- 1 tbsp Rama margarine
- ½ garlic clove, chopped
- ½ tsp Thornleigh Spice Mix
- Salt to taste

Instructions:

1. Melt the Rama.
2. Add the garlic and cook until fragrant.
3. Add the spice mix.
4. Add the calamari and squid heads.
5. Cook until tender.
6. Season with salt.
7. Serve immediately with lemon if desired.

Best Paired with Thornleigh Sauvignon Blanc